

# Port of Virginia Health and Safety Rules for Motor Carriers



1	<b>Vehicles must follow established traffic patterns.</b>	A citation may be issued for any vehicle or equipment operator who does not promptly establish themselves in the correct traffic pattern after a deviation or who does not follow the established traffic pattern.
2	<b>Speed Limit is 20 mph, unless posted otherwise.</b>	
3	<b>No use of cell phones or personal electronic devices, to include wearing a headset/blue-tooth/ear buds while OPERATING a MOVING vehicle/equipment OR while on foot within 25 ft. of cargo operations.</b>	A citation may be written for the use of cell phones or personal electronic devices, to include wearing a headset/blue-tooth/ear buds, while OPERATING a MOVING vehicle or equipment. A citation may also be written for these conditions when a person is on foot within 25 ft. of cargo operations. Particular focus is on any company pickup truck or yard hustler. This includes actively talking or texting on a "Smart Watch."
4	<b>Seatbelt use is mandatory in a MOVING vehicle/equipment, to include the shoulder harness, if equipped.</b>	A citation may be written for not wearing a seatbelt, as designed, while moving.
5	<b>ANSI-2 vest or ANSI-2 shirt AND safety shoes are required outside, except in personal vehicle parking areas. Terminal maintenance employees wear the authorized uniform. Motor carriers must have closed-toe shoes.</b>	A citation may be written for any person, within the terminal fenceline, who is outside of a personal vehicle parking area and not wearing an ANSI-2 vest OR ANSI-2 shirt. Safety shoes are also required. Terminal maintenance employees wear the authorized uniform. Motor carriers are not required to wear safety shoes but they must wear closed toe shoes.
6	<b>Hard hats are required on vessels, under a crane/rubber tire gantry, in transfer zones, within 25 feet of operating cargo handling equipment, or when performing linehandler duties.</b>	A citation may be written for any employee or motor carrier without a hardhat who is outside and exposed to a vertical hazard such as under a Ship-to-Shore Crane, in a transfer zone that is serviced by Straddle Carriers or Rail mounted gantries, or within 25 feet of operating cargo handling equipment. All individuals on a vessel must wear a hard hat. Those riding a forklift with a guard overhead are not required to wear a hard hat. Line-handlers must wear hard hats.
7	<b>Feeding stray animals is prohibited.</b>	A citation may be written for anyone leaving food out for stray animals or for actively feeding stray animals such as cats or foxes.
8	<b>Littering is prohibited.</b>	A citation may be written for any person who drops trash on the ground or throws trash into the bed of a pickup truck. This also includes cleaning up a work area and not placing the resulting debris in a trash container.
9	<b>Smoking is prohibited within 25 feet of a cargo area, on vessels, in equipment, or within 25 feet of any building entrance. No E-Cigarette use within 25 feet of building entrances.</b>	A citation may be written for any person Smoking within 25 feet of a cargo area, on vessels, in equipment, or within 25 feet of any building entrance. A citation may be written for any person who uses an E-cigarette within 25 feet of any building entrance.
10	<b>No passing a MOVING vehicle/equipment unless road markings permit passing.</b>	A citation may be written for any equipment or vehicle operator who attempts to pass a MOVING vehicle, unless it is on a road that is marked to permit passing such as Railroad Ave at NIT, the Main Truck Blvd at VIG, or Seaboard Ave at PMT.
11	<b>Driving or walking behind motor carriers or equipment that are moving in reverse is prohibited.</b>	A citation may be written for a vehicle or person that proceeds behind a motor carrier/equipment within 25 feet while they are moving in reverse.
12	<b>In Break Bulk Cargo Areas, motor carriers must remain in their truck OR be under the direct control of cargo personnel within 25 feet of moving container handling equipment.</b>	A citation may be written for the lead cargo person OR motor carrier operator for failing to either remain in the truck OR ensure the motor carrier remains side-by-side with the lead cargo person when within 25 feet of moving container handling equipment.
13	<b>In Transfer Zones, while waiting for a lane to become available or waiting for cargo delivery, motor carrier operators may not loiter on foot in an area exposed to traffic.</b>	A citation may be written for motor carriers who are walking or standing in an area exposed to traffic. At VIG, brief coordination with other motor carrier operators to determine who will back-in next is acceptable, but only for approximately two minutes. Using the porta-toilets are also an acceptable reason to be out of the cab. At PMT, while waiting in line for an RTG, motor carriers must remain in cab.
14	<b>During container discharge/loading, motor carriers must remain in the booth until container handling equipment is completely clear of the chassis.</b>	At NIT, a citation may be written for motor carrier operators who do not have at least one foot in the booth from the time the Straddle Carrier proceeds over the rear of the chassis until the Straddle Carrier has backed away and is clear of the chassis. At VIG, a citation may be written for motor carrier operators who do not have at least one foot in the booth until the RMG spreader bar is clear of the chassis. At VIG, there is no booth in lane 5, just a pressure mat.

15	<b>In GENSET mounting areas, the motor carrier operator must remain by the sign that says, "driver must stand here please".</b>	A citation may be written for any motor carrier operator in the GENSET mounting area who does not remain by the sign that says, "driver must stand here please".
16	<b>Motor Carrier movement to the dock is prohibited, unless escorted.</b>	A citation may be written for motor carrier movement on the dock without escort. The two exceptions include 1) Motor carriers may make a momentary entry and exit to the dock as a result of the empty operation at NIT. 2) Motor carriers may drive along the road immediately next to the dock at PMT ONLY to pick-up a container.
17	<b>PPCY: Motor Carriers must remain within jersey walls. Traffic is one-way and U-Turns are prohibited. Minor adjustments of up to one container length (40 feet) in reverse may be made. Motor Carriers must remain in the cab OR at the front bumper on the same side as the jersey wall while waiting to be loaded or unloaded. Secure locking pins only in a yellow safety lane. Driving or walking through container stacks is prohibited.</b>	A citation may be written for motor carrier operators who proceed outside the jersey walls along the unpaved area where the side loaders operate. A citation may also be written for motor carriers who drive against the direction of traffic, back up more than one length of a 40' standard container, cut through a stack, walk into a stack, or secure locking pins in a area that is not protected by a yellow safety lane. A citation may be written for motor carriers who do not stand by the front bumper on the jersey wall side or remain in the cab during loading or unloading operations.
18	<b>MOTOR CARRIERS: Over the road truck horns operate at a decibel level that is dangerous to others when used in close proximity. Use of a horn, in any way that is dangerous or disruptive to others, is prohibited.</b>	A citation may be written for any motor carrier operator who sounds the truck horn in close proximity to others OR to be disruptive to others. Short blasts of the horn to communicate with one another or a strad are acceptable as this is used in lieu of leaving the truck.
<b>Consequences: 1st Offense - Written Warning, 2nd Offense within 24 months - 2 week suspension or remedial training class, 3rd Offense - 30 days, 4th Offense - 90 days, 5th Offense - 180 days. Please send questions or concerns to <a href="mailto:healthandsafety@vit.org">healthandsafety@vit.org</a></b>		