

Port of Virginia Health and Safety Rules - Motor Carriers



1	Vehicles and equipment must follow established traffic patterns and signage.
2	Speed Limit is 20 mph, unless posted otherwise.
3	The use of cell phones, personal electronic devices, headsets, blue-tooths, or ear buds is prohibited while OPERATING a MOVING vehicle/equipment OR while OPERATING controls such as hoisting a spreader bar OR while on foot within 25 feet of cargo operations.
4	Seatbelt use is mandatory in a MOVING vehicle/equipment, to include the shoulder harness, if equipped.
5	ANSI-2 vest/shirt AND safety shoes are required when outside on POV property, except in personal vehicle parking areas or when in/on a piece of equipment. This requirement also applies on vessels. Terminal maintenance employees wear the authorized uniform. Motor carriers must have closed-toe shoes. Eye/hand protection are required when exposed to or using a chainsaw, power saw, chain cutter, grinder, during banding, or when drilling.
6	Hard hats that are OSHA compliant must be worn when exposed to a vertical hazard such as under a ship-to-shore crane, in a transfer zone serviced by straddle carriers or rail mounted gantries, or on vessels. Hard hats are also required within 25 feet of operating cargo handling equipment or heavy equipment and when performing line-handler or land-bridge duties. Bump caps are not acceptable.
7	Any action that adversely impacts the health or hygiene of employees, such as contaminating ice supplies, is prohibited. This applies to all locations on POV property as well as in work vehicles and equipment. Feeding or leaving food out for stray animals, such as cats and foxes, is prohibited.
8	Littering is prohibited. A citation may be written for any person on Port of Virginia Property who drops trash on the ground or throws trash into the bed of a pickup truck. This also includes cleaning up a work area and not placing the debris in a trash container.
9	Smoking and E-Cigarette use is prohibited within 25 feet of cargo containers, on vessels, in work vehicles/equipment, inside a building, or inside a work booth.
10	No passing a MOVING vehicle or equipment, unless road markings permit passing.
11	Driving or walking behind vehicles/equipment that are moving in reverse, within 25 feet, is prohibited.
12	In Break Bulk Cargo Areas, motor carrier operators must remain in their truck OR be under the direct control of cargo personnel when within 25 feet of moving container handling equipment. A citation may be written for the lead cargo person OR motor carrier operator.
13	At NIT/VIG , while waiting for a container delivery lane to become available, motor carriers may not loiter outside of the truck. At VIG , brief coordination with other motor carriers to determine who will back-in next is acceptable for up to two minutes, then drivers must be in their cab. Using the porta-toilets is always acceptable. Once backed into a lane and waiting, motor carriers must remain in the truck, in the lane, or on the pressure mat. At PMT , while waiting in line for container discharge or delivery, motor carriers must remain in the cab.
14	Prior to container discharge, unlock all pins. At NIT/VIG , during container discharge/loading, motor carriers must remain on the pressure mat while container handling equipment is engaged with the chassis. At NIT , motor carriers must have at least one foot in the booth from the time the Straddle Carrier proceeds over the rear of the chassis until the Straddle Carrier has backed away and is clear of the chassis. If unable to secure the locking pins, request assistance.
15	In GENSET mounting areas, motor carriers must remain in the booth with the sign that says, "driver must stand here".

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| 16 | Motor Carrier movement to the dock is prohibited, unless escorted. Exceptions: At NIT, motor carriers may enter the dock as a result of the empty operation at NIT. At PMT, motor carriers may use the road immediately next to the dock at PMT only to PICK-UP a container. |
| 17 | At PPCY, motor carriers must remain within jersey walls. All traffic between the jersey walls is one-way with the exception of Kubotas in a designated Kubota lane. Motor Carriers must remain in the cab while waiting to be loaded or unloaded. Motor Carriers must remain in the cab while being loaded or unloaded. Secure locking pins only in an area protected from truck traffic. Driving or walking through container stacks is prohibited. |
| 18 | During terminal operating hours that require a reservation, motor carrier entry into the terminal OCR portals when outside of the +/- 30 minute reservation window, is prohibited. |

Consequences: The Port of Virginia Policy that details consequences and the TSIP Rules may be found at portofvirginia.com/stewardship/healthandsafety. Please send questions/comments healthandsafety@vit.org.